

YOUNG PEOPLE'S MANAGEMENT COMMITTEE. YPMC.

How to become a Young Adviser on the Dyfodol Ni Partnership's Young People's Management Committee.

CONTENTS



1

WHAT IS DYFODOL NI &
WHO ARE THE YPMC?

2

THE ROLE: YOUNG ADVISOR

3

WHO WE'RE LOOKING FOR

4

WHAT WE NEED YOU TO DO

5

WHAT'S IN IT FOR YOU?

6

OUR VALUES &
THE PARTNERSHIP PLEDGE

7

HOW TO APPLY



WELCOME!

HELLO.

WE ARE THRILLED THAT YOU'RE CONSIDERING
APPLYING TO JOIN OUR YOUNG PEOPLE'S
MANAGEMENT COMMITTEE.

BEFORE YOU APPLY, YOU SHOULD KNOW A BIT ABOUT
WHAT THAT ENTAILS...



1 WHAT IS DYFODOL NI & WHO ARE THE YPMC?

Dyfodol Ni (Our Future) is a partnership made up of organisations working with young people across Ceredigion. We have come together to work with young people on shaping mental health services across the county. The partnership is looking to work with a management committee of young people to steer services to be better, bolder, and create long-term change.

What this looks like in practice is still to be decided once we have appointed the first young people and they give us their ideas; but what we think it means is that the Young People's Management Committee (YPMC) will work with the Dyfodol Ni Engagement Team to research and suggest, and advise the partnership, on what future projects and programmes should be funded, working with the partnership team on priorities based on funding available.





The YPMC will meet monthly to review the partnership's progress, and all members will have access to training programs, equipment and transport needed to fulfil the role. The Dyfodol Ni Engagement Team will organise and support the YPMC, booking meetings for them (online or in person) and arranging travel, food, accommodation, supplies etc.

All members will be compensated for their time.

The YPMC will work with the engagement team, partners and trusted professionals, to work out the best way to deliver a programme of activities for the remaining five years of the project aimed at improving mental health services for young people in Ceredigion and creating lasting change.



We would like to take this opportunity to highlight how valuable and important diversity is to us – and by that, we mean young people of different ages, life experiences, cultural backgrounds, levels of formal education, and work or volunteering experiences (with us and with other organisations.) We are particularly keen for applicants who have used services in Ceredigion, and come from a diverse range of experiences, because they will have an understanding of how best to create inclusive services for all.

We recognise that wisdom comes from collectives and does not rely on any one person. We would be delighted to receive your application if you have the passion to help lead Dyfodol Ni towards achieving even more for children, teenagers and young people.

2

THE ROLE: YOUNG ADVISOR



Dyfodol Ni is completely youth-led. That means that you make the decisions, we're just there to make things happen! We can't be youth-led without a Young People's Management Committee, so would like to appoint up to 14 young people who will form a YPMC. We would like to hear from young people, who have experience with, or care about: Children's and young people's wellbeing and mental health and issues affecting these, with a passion to make things better for everyone.



Young Advisors should bring their lived experiences and any knowledge of services from their own lives. You don't need any other qualifications or work experience. Each Young Advisor uses their own skills, knowledge or experience to help the YPMC make decisions and help develop a delivery plan for funded services for delivery beginning in 2023.



This may involve doing research or reading things (proposals, policies, project plans, etc) that the engagement team have prepared and giving your views, feedback, and ideas, and leading discussions with other young people.

You might focus on a practical piece of work such as developing a network of young people and seeking wider views and opinions from these groups.

Young advisors will have the opportunity to challenge organisations delivering services on something you feel we need to improve, or should be tackling, and direct funding appropriately.





We, as young people, are at the forefront of the organisation, making decisions, leading projects and are taken seriously, valued and respected. By being awarded funding by the National Lottery Community fund, our goals and ideas are closer to reach and we are being awarded the opportunities and recognition that we deserve.

Team 43, Cardigan, Ceredigion

3



WHO WE'RE LOOKING FOR

We're seeking young people aged 14 - 25 who can guide, challenge, and support Dyfodol Ni's development. Here are the qualities we're looking for:

- ▶ You are passionate about Dyfodol Ni's youth-led stance and the issues the project is keen to tackle.
- ▶ You care about promoting issues that are important to children and young people; especially those experiencing disadvantage, or childhood experiences that could prevent them from having a good and happy life
- ▶ You are good at working with a group of other young people.
- ▶ You want to represent young people's views and work to other people including funders, service providers, and service commissioners.
- ▶ You value other people's different perspectives, experiences, skills and knowledge.
- ▶ You have time to take to do this role (Meeting Monthly, for 12 months)



WHAT WE NEED YOU TO DO

You will be asked to attend every YPMC, either in person or online (any technology or transport required to do so will be provided)
You may also be invited to represent the YPMC at Dyfodol Ni Partnership Meetings, which will be four times a year and to report back to the YPMC on what happened in the meeting and what you want to do with that info (challenge it, lend support, make an offer to get involved, help it find contacts or resources, etc)

All of these meetings will be arranged in advance so you can check your diary and be sure you're available.



You can also expect to attend an annual residential weekend in a glorious location with lovely food, guest speakers, and activities to help you think really creatively about the future of Dyfodol Ni and where it should be focusing.

If you are appointed to the YPMC, you will usually be appointed for 12 Months. The YPMC will appoint new members to join each year so there's a mixture of fresh faces and experienced people on a rolling basis.

All members of the YPMC will receive remuneration for their time.

5



WHAT'S IN IT FOR YOU?

We've never done this before, so this is your chance to shape and lead a brand-new way of working and designing services for mental health.

WE HOPE YOU'LL GAIN:

Enhanced skills in collaboration, idea development, running campaigns and representing others, through accessing a bespoke training programme based on the training needs of the YPMC

You will develop confidence and awareness of how to use your new skills.

New friends and connections, which you can call on for help and support with your future career

A really enjoyable, great time – especially on the annual residential weekend





OUR VALUES & THE PARTNERSHIP PLEDGE

OUR VISION:

Ethical design and innovation through youth-led co-production with children and young people, we will make the world a kinder, happier, healthier place for everyone.

OUR MISSION:

We nurture and coach children and young people to create a programme of activities which improve mental health services for young people in Ceredigion, creating lasting change in systems

OUR VALUES:

In everything we do, we hold these key values at our core, our partnership pledge defines our key values.



PARTNERSHIP PLEDGE.

The Dyfodol Ni Partnership pledge was created by young people in order to set the agreement of partner organisations in maintaining the youth-led focus of the partnership activities. All proposed partner organisations must sign up to the below pledge.

Organisations agree to ensure the following:

1 YOUTH-LED

Young people's voices are central to the service offered to them. They can use their preferred service to build independence and trust in youth-led services, encouraging engagement and enthusiasm in what we do.

Services respond to the needs of local young people, as defined by them, offering accessible support wherever possible, with targeted support for those considered more at-risk, disadvantaged or with higher needs.



2 INCLUSIVITY, EQUALITY & DIVERSITY

Young people feel welcomed and included in their local area and can access the support they decide they need as they head towards adulthood. They should not feel isolated or different because of preferred language, ethnicity, disability, sexuality, nationality, socio-economic status, special educational needs, mental health issues, religion or any other characteristic.

The local youth services should help to improve life circumstances for young people from all backgrounds by offering support to develop the skills, knowledge and networks they need to access and take advantage of opportunities.

3 RESPECT

The needs and wishes of local young people are considered as much as any other community group. They should feel heard, valued and respected. Local youth are actively encouraged to participate in their communities and enjoy opportunities in their area without worrying about judgement or negative stereotyping.



4 QUALITY, SAFETY & WELL-BEING

Good quality, open access services are delivered by staff with safeguarding training who have links to further support if needed. Our services help to keep young people safe and support their mental, emotional and physical health, improve their social and economic wellbeing, and make sure they can access education, non-formal learning and activities of their choice.

5 EMPOWERMENT

Services empower young people to progress and engage in employment, education and training, and to take an active role in their local communities. Young people are listened to and can make positive changes to their communities, and understand how to engage with choice making.

6 POSITIVITY

Services are focused on bringing out the best in each individual, helping them to develop their skills and attributes, rather than attempting to 'fix a problem'.



HOW TO APPLY TO BECOME A YOUTH ADVISER

Submit your application in whatever way you would like. It could be a nice, neat PDF, or you could grab some paper and pens if you fancy going for an analogue, Stranger Things vibe (obviously take a photo of it and then upload that or send it to us via snail mail if we're really going for it). Maybe an annotated self-portrait? You could upload a video or audio recording... whatever you send, put your name in the title of the document so we know who it's from. In your application, tell us about you and how you would fit the description we mentioned earlier.

We're so glad you're interested in joining our YPMC.

If you have any questions before you apply, please get in touch.

All applications are to be sent to
DyfodolNi@Area43.co.uk